

Calvert County Youth Sports COVID-19 Guidelines



In an effort to get our community's children back to playing sports in a safe way, through the 2020 Fall and potentially 2020 Winter and 2021 Spring seasons, we have gathered and are disseminating the following information to all involved organizations. These rules apply to both practices and games for outdoor soccer, field hockey, lacrosse, and flag football.

- » *Conventional play is limited to ages 10 and up, with the exception of U10 travel teams (see below for specifics).*
- » *Players less than 10 years of age shall play only in a modified format (micro games). Games and scrimmages are limited to less than 50% of the players on a standard team.*
- » *Micro games should consist of play less than 20 minutes in length.*
- » *For all ages, intra-county games should be limited to team pods of 4 that play each other and no other teams. Pods should be arranged by geographic area of the county. For example, teams from the northern part of Calvert should play against other teams from the north as much as possible.*
- » *One game championship match may be played between the winners of two pods.*
- » *Travel teams may play outside of Calvert County, however no teams from outside of Calvert will be hosted in the county for overnight tournaments. No out of state play is permitted with the exception of single day play (no overnight stays) in the District of Columbia and Virginia, in keeping with the Governor's regional exceptions for business and other travel. Single day tournaments are permitted in the county. Based on changing COVID prevalence rates, inter-county play may be limited.*
- » *Travel teams cannot play against intra-county teams and no child can play for both a county team and a travel team.*
- » *There is one U10 one boys travel team and one U10 girls travel team for each sport. U10 travel teams will be allowed to play by conventional rules of their sport.*
- » *Social Distancing and face coverings are required for parents/guardians and only one parent/guardian per player is able to stand/sit on the sideline. No siblings should be allowed on the sidelines.*
- » *Players should maintain 6 feet of social distancing and wear face coverings when not playing or practicing.*
- » *Games must be spaced by at least 15 minutes to allow for players and their parent to clear the field before the next team enters.*

Calvert County Youth Sports COVID-19 Guidelines (cont'd.)



- » *Coaches and referees are required to wear a face covering at all times.*
- » *Health screening for COVID symptoms must be done for each player, coach, and referee prior to practices and games.*
- » *Team snacks should be avoided.*
- » *As is routine, no sharing of gear, no sharing of bottles/sports drinks.*
- » *Requirements may be changed at any time based on local and statewide COVID metrics.*

Additional requirements for flag football. (All above rules apply PLUS the following):

- » *Offensive and Defensive lines are not permitted.*
- » *Player formations should maintain at least 6 feet of distance between the players.*
- » *Flags, balls and other implements should be sanitized before and between games.*
- » *Huddling should not be done at any time of the games or practices unless all participants are wearing masks at that time.*

**Requirements may change at any point contingent on health necessities or new directives from the Governor's Office.*